

Republic of the Philippines  
Congress of the Philippines  
House of Representatives  
Metro Manila  
Eighteenth Congress  
First Regular Session

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Begun and held in Metro Manila, on Monday, the twenty-second day of July, two thousand nineteen.

RESOLUTION NO. 42

RESOLUTION URGING THE PHILIPPINE GOVERNMENT TO PROMOTE THE SIMPLE ACT OF GRACEFULLY LAYING THE PALM OF THE RIGHT HAND OVER THE CENTER OF THE CHEST WITH A SIMULTANEOUS SLIGHT HEAD NOD AS A CUSTOMARY FILIPINO GESTURE OF GOODWILL, PRAISE, AND RESPECT

WHEREAS, Article II, Section 15 of the 1987 Philippine Constitution provides that the State shall protect and promote the right to health of the people and instill health consciousness among them;

WHEREAS, the medical profession has established that the traditional, well-meaning, and innocent gesture of handshake transmits communicable diseases and is a risk to one's health;

WHEREAS, a better alternative to the traditional gesture of handshake is the simple act of gracefully laying the palm of the right hand over the center of the chest with a simultaneous slight head nod;

WHEREAS, placing the hand over the chest is a universal gesture of good faith coming from the heart, while a nod is a traditional Filipino gesture of respect;

WHEREAS, the Philippine Government is urged to promote this gesture of goodwill and praise so that this will become a customary practice of all Filipinos;

WHEREAS, all government agencies are encouraged to promote this practice in their respective offices and areas of jurisdiction, with the Philippine Information Agency (PIA) taking the lead in the wider dissemination and promotion of this Filipino gesture: Now, therefore, be it

*Resolved, as it is hereby resolved by the House of Representatives, To urge the Philippine Government to promote the simple act of gracefully laying the palm of the right hand over the center of the chest with a simultaneous slight head nod as a customary Filipino gesture of goodwill, praise, and respect.*

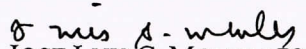
*Resolved, further, That a copy of this Resolution be furnished the Office of the President.*

Adopted,



ALAN PETER "COMPAÑERO" S. CAYETANO  
*Speaker*

This Resolution was adopted by the House of Representatives on February 5, 2020.



JOSE LUIS G. MONTALES  
*Secretary General*